



# INSTITUTE OF HEALTH SCIENCES

(A Unit of Margdarsi)

Office: N-2/41, I.R.C Village, Nayapalli, Bhubaneswar – 751015, Ph.:0674-2553640, 2550054  
Campus: Chandaka, Bhubaneswar, Khordha, Odisha, pin: 754005, E-mail:ihsbbsr@margdarsi.org, web: www.ihsindia.org

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## **Circular for a Certificate Course in Cupping Therapy Module I**

**IHS-CER-SLP01-23-2024**

This is to inform all the students of BPT that a **Certificate Course in Introduction to Cupping module I** will be held at **Institute of Health Sciences, Chandaka Campus**, from **16<sup>th</sup> January 2024**

Principal  
Institute of Health Sciences  
Bhubaneswar

Principal

I.H.S.

CC To :

Notice Board ( All hostels / College )

HOD Of The Departments

Director  
Institute of Health Sciences  
Bhubaneswar



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**Course Code: IHS-CER-SLP01-24**

**Course: Introduction to Cupping Therapy**

**Program Duration: 16Hrs**

**Course Objectives:**

The participant will be able to:

- Understand the effects of cupping therapy on the body's systems
- Understand contraindications, risks, and safety measures to avoid adverse effects
- Understand legal, ethical, and professional responsibilities in cupping therapy practice

Topic	Duration
Lecture Introduction to Cupping therapy	2 Hour
Lecture Anatomy & Physiology of cupping	3 Hour
Lecture Practical application of cupping	3 Hour
Lecture Basic Techniques & Topics	2 Hour
Lecture On business and professional Development	2 Hour
Lecture Interactive and hands on activity	2 Hour
Lecture <b>General Overview of Cupping Therapy Module I</b>	2 Hour



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## Cupping

Cupping is a form of traditional Chinese medicine that is now actively used in Physical Therapy practice. Cupping utilizes suction to bring an increase in localized bloodflow and can be used to break up myofascial adhesions in the skin, fascia, and underlying tissues.

### Benefits May Include:

- Improved healing
- Increased range of motion
- Increased muscle strength
- Decreased pain
- Improved circulation
- Helps to mobilize scar tissue



VENUE:-  
INSTITUTE OF HEALTH SCIENCES  
CHANDAKA, BHUBANESWAR  
Date : 25th April 2024

  
Director  
Institute of Health Sciences  
Bhubaneswar



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## **Certificate Course: Cupping Therapy Module I**

**Date: 16<sup>th</sup> January 2024**

The Program started by involving the blessings of God through a lightning the lamp ceremony by Principal I.H.S., and the dignitaries, and a devotional song.

The Resource person gave an overview of Cupping Therapy and how it effects on the body's systems.

### **Aim and Objectives of the program**

The participant will be able to:

- Understand the effects of cupping therapy on the body's systems, including musculoskeletal, circulatory, lymphatic, and nervous systems.

### **Topics Covered:**

- Introduction to Cupping therapy
- Anatomy & Physiology of cupping
- Practical application of cupping
- Basic Techniques & Topics
- On business and professional Development
- Lecture Interactive and hands on activity



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### Hands On Training Cusping Therapy

Year 2023- 2024	Name of students	SIGNATURE
1	ABHAYA PRATAP BEHERA	Abhaya Pratap Behera
2	ADITYA RANJAN MISHRA	Aditya Ranjan Mishra
3	ANICAL MAHAPATRA	Anical Mahapatra
4	ANKUR PANDA	Ankur Panda
5	ARIYAN SEKHAR ROUT	Ariyan Sekhar Rout
6	ASIS SETHI	Asis Sethi
7	GAVYATRI KARUA	Gavyatri Karua
8	JYOTISMAN MOHANTY	Jyotisman Mohanty
9	KRISHNA PRIYA	Krishna Priya
10	MILLAN KUMAR DEHURY	Millan Kumar Dehury
11	MOHIT ABHISHEK	Mohit Abhishek
12	PRATYAKHA SINGH	Pratyakha Singh
13	PRITAM KUMAR NAYAK	Pritam Kumar Nayak
14	PUNYATARA RAYSINGH	Punyatara Raysingh
15	PURNIMA SAHU	Purnima Sahu
16	RUBISMITA PARIHI	Rubismita Parihi
17	SASMITA ROUT	Sasmita Rout
18	SUBHAM MOHAPATRA	Subham Mohapatra
19	SUBHASHREE P. JENA	Subhashree P. Jena
20	SUBHASHREE SUBHASMITA BEHERA	Subhashree Subhasmita Behera
21	SUMAN SARITA PRIUSTY	Suman Sarita Priusty
22	SUSHREESANGITA ROUT	Sushreesangita Rout
23	SWAPNA SUBIRA	Swapna Subira
24	TOPHAN NAYAK	Tophan Nayak
25	MONISKA DAS	Moniska Das
26	ABHIPSA TRIPATHY	Abhipsa Tripathy
27	ABHISEK SAHOO	Abhisek Sahoo
28	ANUBHAB MAJHI	Anubhab Majhi

Pioneer institution imparting Bachelor & Master's degree in Audiology and Speech Language Pathology and Physiotherapy  
Modern Diagnostic & Complete Treatment center for Hearing Impairment, Multi Modal Therapy for CP, MR,  
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29	ASHIS KUMAR NAYAK	Ashis Kumar Nayak
30	HARSHACHANDRA MEHER	Harshachandra Meher
31	KHULSI MOHANTY	Khulsi Mohanty
32	OM PRAKASH MOHANTY	Om Prakash Mohanty
33	PRANGYA LIPSA RAY MOHAPATRA	Prangya Lipsa Ray Mohapatra
34	PRATIKSHA TRIPATHY	Pratiksha Tripathy
35	PRITICHANDA DASH	Pritichanda Dash
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39	SOMEN PATRA	Somen Patra
40	SPONDAN KUMAR SAHOO	Spondan Kumar Sahoo
41	SUBHASHREE SAHU	Subhashree Sahu
42	SUBHASMITA OJHA	Subhasmita Ojha
43	SWATIPRIYA SAHOO	Swatipriya Sahoo
44	TANUSHREE CHANDRA	Tanushree Chandra

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## **Circular for a Certificate Course in PHEEZEE EMG**

**IHS-CER-PHY01-23-24**

This is to inform all the students of BPT that a **Circular for a Certificate Course in PHEEZEE EMG** will be held at **Institute of Health Sciences, Chandaka Campus**, from **20<sup>TH</sup> JUNE 2024**.

  
Principal  
Institute of Health Sciences  
Bhubaneswar

**Principal**

**I.H.S.**

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**Course Code: IHS-CER-PHY01-23**

**Program Duration: 10 Hrs**

**Circular for a Certificate Course in PHEEZEE EMG**

Pheeze is a pocket size wearable device by startoon labs that can be worn by the patient while doing physiotherapy sessions. The device gives a real time biofeedback of range of motion and electromyogram (EMG) of the recruited muscle. The device connects wirelessly to an android phone/tablet to display reports. The physiotherapist can see session wise, week wise, month wise and over all progress report as and when needed.

Pheeze offers scientific support for the treatment. It is used by the therapist both in the clinical setting and at home. Pheeze is appropriate for upper limb, lower limb, and spinal cord evaluations. It is a useful tool for realtime monitoring and tracking of a patient's recovery.

## **Course Objectives:**

The participant will be able to:

- Enhance diagnostic skill, improve patient care, and support professional growth.
- Technical skills, clinical application, professional development.



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Certificate  
Course in  
PHEEZEE EMG

TOPICS COVERED:

- GENERAL INTRODUCTION
- INSTRUMENTATION AND TECHNIQUES
- ANATOMY AND PATHOPHYSIOLOGY
- CLINICAL APPLICATION
- NERVE CONDUCTION STUDIES
- COMMON CLINICAL CONDITIONS
- HANDS ON TRAINING



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## **Certificate Course in PHEEZEE EMG**

**Date: 20<sup>TH</sup> June 2024**

The Program started by invoking the blessings of God through a lightning the lamp ceremony by Principal I.H.S., and the dignitaries, and a devotional song.

The Resource person gave an overview of importance of physiotherapeutic intervention in clients with EMG.

### **Aim and Objectives of the program**

- Enhance diagnostic skill, improve patient care, and support professional growth.
- Technical skills, clinical application, professional development.

### **Topics Covered:**

- General introduction to EMG
- Instrumentation and techniques
- Anatomy and pathophysiology
- Clinical application
- Nerve conduction studies
- Common clinical conditions
- Hands on training



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### PHEEZEE EMG WORKSHOP AT INSTITUTE OF HEALTH SCIENCES

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2	ADITYA RANJAN MISHRA	Aditya Ranjan Mishra
3	ANCHAL KAMAPATRA	Anchor Kamapatra
4	ANJUL PANDA	Anjul Panda
5	ARIYAN SEKHAR ROUT	Ariyan Sekhar Rout
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